

The Breakfast Nook

"Where Food and Friends Meet"



Lunch Menu

Monday – Friday 11:00 AM – 2:00 PM

**Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of food borne illness.*

CT P.H.C Section 19-13-B42 (m) (1) (F) --- All Prices Subject to Change.

** Minimum Charge Card Purchase*

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Soups*

Made fresh daily with the finest local ingredients.

Soup (s) of the Day Bowl \$5.99
Add \$1.00 for all cream and Cup \$4.99
seafood base soups.

Bowl of Chili \$7.99
Fresh blended vegetables and beef slowly cooked with just the right spices. Add cheese \$1.00.

Lighter Lunch*

Soup and Half Sandwich \$12.99
Bowl of soup with your choice of sandwich from our “Sandwich Board” and a Kosher Dill.

Soup and Salad \$12.99
Bowl of soup with a Garden Salad.

Sandwich Board*

Your choice of deli meat, topped with lettuce, mayo and a Beefsteak tomato, served with Fries or Pasta Salad and Kosher Dill

Ham \$13.99
Turkey \$13.99
Roast Beef \$13.99
Bacon \$13.99
Tuna, Chicken, and Egg Salad \$13.99
Add cheese \$1.00

Any sandwich substituted to a wrap \$2 more

Zucchini Fries, Onion Rings or
Sweet Potato Fries or Fresh Fruit ... \$1.00 more

Salads*

All our salads are made from local market fresh field greens, vine ripened tomatoes and a blend of seasonal vegetables.

Garden Salad \$13.99
Add a scoop of Tuna, Egg or Chicken salad for \$3.99

Classic Ceasar Salad* \$13.99
Crisp Romaine Hearts tossed with crunchy house croutons and Parmesan
Add Grilled Chicken for \$3.00

Cobb Salad \$16.99
Mixed greens, diced turkey or chicken, hardboiled egg, bacon, avocado, tomatoes and Bleu cheese crumbles. Finished with cob dressing.

Spinach Salad \$16.99
Fresh baby spinach tossed with chopped eggs, plum tomatoes, bacon, mushrooms, topped with Cheddar cheese. Add chicken \$3.00

Apple Walnut Strawberry Salad \$16.99
Mixed greens, raisins, apples, glazed walnuts, strawberries and chicken with gorgonzola cheese.

Side Blue Cheese Dressing \$1.00
Extra Side of Dressing \$.50

Our Grill*

Served with Fries or Pasta Salad, and Kosher Dill

Classic Grilled Cheese \$10.99
Grilled American or Swiss
Top with spinach or fresh tomato ... add \$1.00.
Both ... add \$2.00. Add Bacon ... \$2.00

Corned Beef Rueben \$14.99
Fresh made Corned beef, thin sliced and layered with kraut Russian dressing and melted Swiss.

Monte Cristo \$14.99
Stacked turkey and baked ham topped with Swiss and dipped in egg batter. Golden grilled and served with yogurt dipping sauce

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Clubs*

This classic sandwich consists of three layers of bread (white, wheat or rye). Your choice of deli meat, stacked with bacon, lettuce, tomato and mayo. Along side a Kosher wedge and Fries or Pasta Salad.

Traditional \$16.99

You pick Turkey, Tuna, Ham or Roast Beef

Cheese burger \$16.99

.6 Oz. Burger Grilled to Order

Grilled Chicken Club \$15.99

Grill Marked marinated chicken breast topped with fresh baby spinach, provolone, Mozzarella, tomatoes and grilled on Italian round bread. Balsamic honey dipping sauce on the side.

Hamburgers*

Burger and Fries \$14.99

Add cheese \$1.00 Add Bacon \$2.00

Wrap It Up*

Classic sandwich fillings in a soft large flour tortilla. Served with Fries or Pasta Salad and a Dill pickle.

Grilled Chicken Caesar \$14.99

Classic Caesar with Grilled Chicken.

Steak and Cheese \$15.99

Shaved Steak Grilled and topped with mushroom, onions and American Cheese.

Grilled Vegetable \$13.99

Blended Balsamic Marinated Portabellas, Yellow and green Squash, Roasted Red Peppers, Fresh Mozzarella, tomatoes and Spinach Leaves. Add grilled chicken \$3.00

Waldorf Chicken Salad \$15.99

Walnuts, craisins, grapes and apples

The Daily Grinder*

Six inch grinder rolls stuffed with your favorites served with a dill pickle and Fries or Pasta Salad.

Philly Cheese Steak \$16.99

Fresh grilled shaved steak grilled and topped with mushrooms onions and American cheese.

Pastrami Nightmare \$14.99

Shaved and grilled Pastrami flats with Swiss Cheese onions and spicy mustard.

Italian Combo \$15.99

Thin sliced Genoa Salami Capicola, Prosciutto and ham topped with Balsamic marinated roasted red peppers. fresh Mozzarella, tomatoes and spinach.

Deli Combo \$15.99

Oven roasted turkey breast, baked ham, Provolone cheese, fresh lettuce, tomatoes and mayo.

Healthy Options*

Turkey Burger \$14.99

Charbroiled 7oz. fresh ground turkey patty topped with fresh spinach, red onion and a beefsteak tomato.

Fresh Fruit Platter \$13.99

Fresh fruit with yogurt. Comes with a Muffin of the Day.

Sesame Chicken Stir Fry \$14.99

Pan seared boneless breast of chicken sauteed with Julienne garden vegetable, served over rice.

Homemade Veggie Burger \$13.99

With Swiss cheese, roasted peppers, red onion on grilled Rye.

Scoop Platter \$13.99

Scoop of chicken or tuna, scoop of fresh fruit and scoop of cottage cheese or pasta salad

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Kids Korner*

*Little ones have their choice which includes
a small beverage*

Peanut Butter /Jelly	\$4.99
Chicken Tenders	\$8.99
<i>Served with Fries.</i>	
Grilled Cheese	\$6.99

Side Orders

French Fries	\$4.99
Pasta Salad, Potato Salad or Coleslaw	\$4.99
Onion Rings, Zucchini Fries Sweet Potato Fries, Potato Salad Coleslaw	\$5.99
Fresh Fruit	\$5.99
Avocado Side	\$3.50
Side of Honey	\$.50
Side of Barbecue Sauce	\$.50

Beverages

Assorted Coca Cola Beverages 16 oz \$4.50
*Coke, Sprite, Diet Coke
Rootbeer, Gingerale & Club Soda*

Iced Tea \$4.00
Fresh brewed sweetened or unsweetened.

Minute Maid Lemonade \$4.00

Assorted Juices small \$4.75
Orange, Apple, Cranberry & Tomato 16 oz \$5.25

Milk small \$3.50
*Skim or Whole (Hershey's Chocolate
or Strawberry Syrup ... Add 50¢)* 16 oz \$4.00

Coffee/Tea \$3.75
Regular, Decaf & Blend of the Day

Gourmet Teas \$4.00
Ask your server, flavors vary daily.

Hot Cocoa \$4.00
With mini marshmallows.

Free refills on fountain soda & coffee.

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will be happy to prepare it for you, as long as
we have it in the house.*